

NICU Lovies

Neonatal Intensive Care Unit – Prentice Women’s Hospital

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The hearts are given to the new NICU mom as well as the baby. One heart is placed under the baby and the other heart is given to the mom to place next to her skin. Each heart absorbs the scent of the wearer. When mom comes to visit the baby, she exchanges her heart for her baby’s heart. Thus sharing the most wonderful smells in the world. Mom and Baby. When mom is home and without her newborn, she inhale the beautiful scent of her child and baby can sleep while being comforted by the scent of mom.

These little bits of love can be made out of any soft fabric – Flannel or cotton scraps.

INSTRUCTIONS:

Trace the heart on the fold of the fabric. Cut.

Sew two hearts together – right sides together – using a ¼” hem. Leaving a 1 ½” gap in the seam.

At the base of the heart as well as the top of the dip in the heart, stop the machine, make the turn, and continue sewing. Turn inside out. Clip both the dip and the base of the heart, so they turn and lay flat nicely. Be careful not to clip the seam.

Hand or machine stich the opening.

The Lovies work up very quickly and can be finished while traveling, watching a movie or around the pool. The more you make the more moms and babies you will make very, very happy.

Once you get a good number of these collected, please mail to the above address. There might be a NICU in your neighborhood that could use these hearts and once you check with the powers that be, please feel free to share with your local hospital.

FOLD

