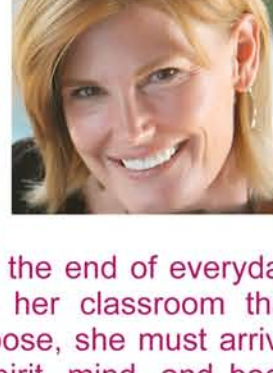


Dear ,

Recharge or Deplete?

This is the question that prompts the sure reality of hearing God's voice. First, make sure that you have identified your life's purpose and are living it out everyday. For example, my daughter Katy is a kindergarten teacher. She is called to this work and her vision is to send the kids home at the end of everyday more loved and smarter than they arrived in her classroom that morning. In order for her to accomplish this purpose, she must arrive on the job charged up, and refreshed in her spirit, mind, and body ready to tackle the day.



So here is the question. In your free time, do you do things that recharge you or deplete you? When my children were young, I was very very sick with an incurable disease (from which I was divinely healed). But for eight years, I took chemo just to be able to function. I wasn't able to work, take care of my home or volunteer in ways that I wanted. Those years were focused on raising my children and building a strong marriage. God has many purposes for my life, but in that season, He was singularly calling me to parent my kids and build my marriage. So each day, I had to make choices that recharged my spirit, mind, and body rather than deplete them. If not, I wouldn't be able to pick my kids up from school with a smile on my face and song in my heart ready for long conversations about the day, making dinner, sports practices and games, homework, play time and just loving on my kids. I am a great mom and was very successful raising kids despite my health challenges. I will be honest, my marriage suffered because I didn't make enough 'recharge' decisions and I made too many 'deplete' decisions... but God works all things for good. (I'm an empty nester now and have moved into a season building a stronger than ever marriage).

Over the years, I have learned to approach every decision with the question: Will this choice recharge me or deplete me in walking out my God given purpose in this season. I'm getting better and better at answering this question. I no longer worry if others will think I am weird because I carry around my favorite water and drink it all day. I need to recharge my body and good water does that for me. I no longer worry if other's think I am spoiled because I have a gardener that stops by every week and makes my yard beautiful... weeds and overgrown gardens deplete me and I'm too busy investing in my God given purposes to take care of the multitude of gardens I have planted over the years. I don't feel guilty when asked to serve on this committee or that if it is not in line with my current volunteer focus. I say no a lot to great opportunities, and I am okay with that. For when I say no, I am not saying no to the opportunity to help others, I am saying yes to fulfilling my purpose in this season.

Will this choice in front of me recharge or deplete me in fulfilling my God given purpose in this season? Try it on decisions big and small! I'd love to hear about your experience with this so please email and share! :-)

Joyfully,

Lori Rhodes
Chicktime National Founder
info@chicktime.com



Click the map to find out what is going on in your local chapter and to access chapter contact info!

The main function of this newsletter is to promote the work of our chapters... please click through to our website!!!



Visit Our Events Calendar



Visit Our Website



Join Our Mailing List

Bring a new chapter to your area!

Step One:



If you do not see a chapter in your area, click the image to be inspired.

Step Two:



Review the leader resources on our site at chicktime.com

Step Three:



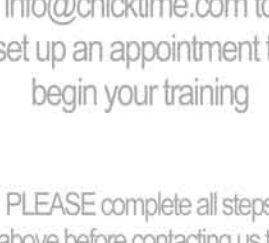
Read our short but comprehensive book

Step Four:



Review the Chicktime Training Manual

Step Five:



Email Lori at info@chicktime.com to set up an appointment to begin your training

PLEASE complete all steps above before contacting us to set up a training appointment. All the tools are provided for you to understand the commitment and responsibilities to make your decision... but you must read them! :-)

Chicktime is an all volunteer group with "no paid staff. It is important to remember this when making your decision to start a new chapter. We value you and we also value our time... so please make sure you are fully committed to your vision before contacting us to begin your training!

*We do contract with a web designer and a web coach for professional services!

Want to Volunteer Remotely?

Most chapters are looking for volunteers to help update their chapter webpages. If you like working with computers, please contact a local chapter and ask how you can help. contact info located at chicktime.com



Alabama

- Birmingham
- Muscle Shoals

Arkansas

- Northwest Arkansas

Arizona

- Mesa
- Tucson

Colorado

- Colorado Springs

Delaware

- Kent County

Florida

- Fort Walton Beach
- Miami
- Osceola

Illinois

- Rockford
- West Suburban

Indiana

- Indianapolis

Michigan

- Detroit
- Flint

Mississippi

- Jackson

Missouri

- Kansas City

North Carolina

- Charlotte

New Jersey

- Middlesex

New York

- Pace University (NYC)

Oklahoma

- Oklahoma City

South Carolina

- Columbia
- Lancaster

Texas

- Austin
- Boerne
- Canyon Lake
- Corpus Christi
- Dallas
- DFW Connect
- Fort Worth
- Lake Houston
- Mission (RGV)
- Montgomery County
- Palestine
- San Antonio
- San Antonio Hope
- San Marcos
- San Marcos Empowered
- Smalltown (Uvalde)

Virginia

- Winchester

Wisconsin

- Milwaukee

International

- Ghana Africa

Chicktime Welcomes New Chapters! Click the Images to read the full stories

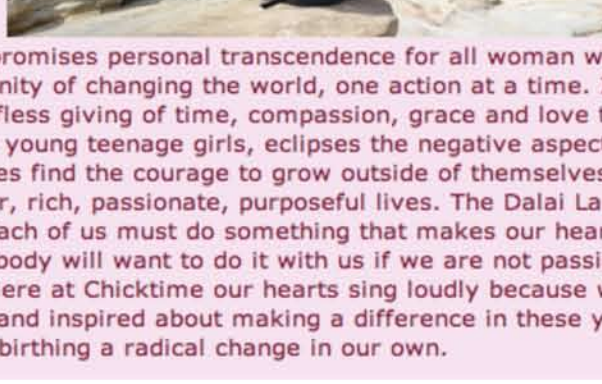
Chicktime Fresno (California) AJ Davis

Hello! My name is Adrienne Jean and all my life I have been called A.J. I am excited to introduce myself to you and to share with you my hope and desire to contribute and make a difference in my community.

I grew up in the Sierra Nevada mountains north of Fresno/Madera and I currently live in an area called Madera Ranchos. I have been in Central California all my life. Through life we all have our own ups & downs, struggles and heartaches, but one thing usually rings true.....someone else out there has it worse. I am at a point in my life now where I have the time and resources available to give, with the intentions of making a difference in a way that fills a need in a fun, social & loving way. What better way to do that than by the collaboration of caring, creative and industrious women from all walks of life! This is very exciting for me and I truly look forward to meeting and working with many amazing women and making a positive difference together. Laughter & kindness can bring much needed relief in the darkest of times. Even a small ripple can be far reaching 😊



Chicktime San Diego (California) Phoenix Valdez



Chicktime promises personal transcendence for all woman who embrace the opportunity of giving the world, one action at a time. In doing so, through selfless giving of time, compassion, grace and love to neglected, and abused young teenage girls, eclipses the negative aspects of life. In return, ladies find the courage to grow outside of themselves, and arise for a deeper, rich, passionate, purposeful lives. The Dalai Lama once claimed, "Each of us must do something that makes our heart sing, because nobody will want to do it with us if we are not passionate and inspired." Here at Chicktime our hearts sing loudly because we are passionate and inspired about making a difference in these young girl's lives. Thus birthing a radical change in our own.

Chicktime has many locations hoping for a chapter. Click the map for more info!



What is Chicktime All About?

